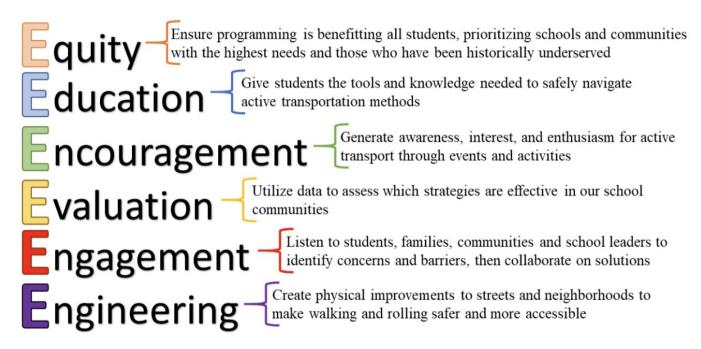
# Safe Routes to School Annual Report for FY 2023-2024

C/CAG Congestion Management and Environmental Committee
April 28, 2025

Theresa Vallez-Kelly, MPH
Coordinator Safe Routes to School
San Mateo County Office of Education



## 6 Es of Safe Routes to School



## Benefits of Safe Routes to School

# Why Safe Routes to School Matters...

#### **BETTER GRADES**

Students who are more active tend to do better in school. Just 20 minutes of physical activity (or about the time it takes to walk a mile) can increase test scores.



#### SAFER STREETS

Communities with higher rates of walking and rolling tend to have lower crash rates. Drivers may become more cautious when they expect to see people walking and rolling.

#### **COST SAVINGS**

Walking or biking to school can save money on gas and other vehicle expenses. Reduced car trips can also save money on road maintenance.

#### **HAPPIER, HEALTHIER KIDS!**

One mile of walking equals 2/3 of the recommended 60 minutes of daily physical activity. Exercise can also help reduce stress, depression, and anxiety.



#### **CLEANER AIR**

Transportation is the leading source of greenhouse gas emissions in the United States. Walking or biking to school can save car trips, leading to cleaner air and healthier lungs.



#### LESS TRAFFIC

Nationally, 10-14% of car trips during morning rush hour are for school travel. Walking or biking to school can reduce car trips, leading to less traffic congestion.



#### IT'S FUN!

Walking or biking to school is a fun way for kids to start their day!!



# **Funding**



2011- present



2018 - present



2020 - present



2022 - present

# Participation Breakdown

83 schools in 20 School Districts (51 were Title 1 Schools)

- 59 K-5 Schools
- 7 K-8 Schools
- 12 Middle Schools
- 5 High Schools



List of Title 1 Schools

## 2023-2024 SRTS Services Provided

Bayshore Elementary School District	La Honda-Pescadero Unified School District	San Bruno School District
Belmont-Redwood Shores School District	Las Lomitas Elementary School District	San Carlos School District
Brisbane School District	Millbrae School District	San Mateo Foster City School District
Cabrillo Unified School District	Menlo Park City School District	San Mateo Office of Education
Hillsborough School District	Pacifica School District	San Mateo Union High School District
Jefferson Elementary School District	Ravenswood School District	Sequoia Union High School District
	Redwood City School District	South San Francisco Unified School District

# 2023-2024 Service Providers and Partners



















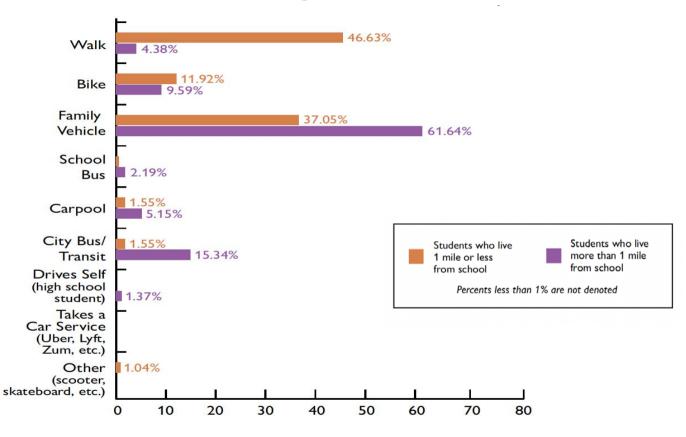




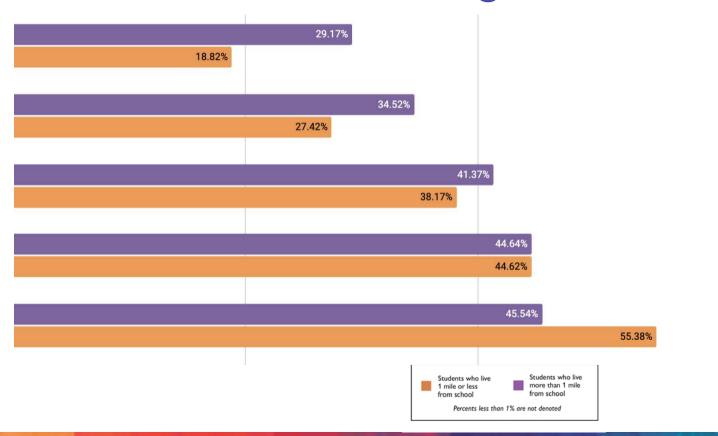
## 2023-2024 TA Funded Projects

School	Project	Award Amount
Belmont-Redwood Shores School District	Crossing Guard Program & Parking Lot Safety	\$20,000
Cabrillo Unified School / Half Moon Bay High School	Half Moon Bay High School Pedestrian and Bicycle Safety	\$20,000
La Honda-Pescadero Unified School District_Pescadero Middle & High School	PMHSBike Mechanic Apprenticeship Program	\$5,000
Las Lomitas Bementary School District / Las Lomitas Bementary School	Replace existing Bike Racks and renovate the school street for Bike/Pedestrian Safety	\$5,000
MESD_Green Hills Elementary School	Incorporate clear signage and crosswalk for bike and pedestrian safety	\$5,000
MESD_Meadows Elementary School	Pur chase/install flashing beacon	\$20,000
Pacifica School District_Ortega Elementary School	Ortega Bementary School Crosswalk Improvement and Purchase/Install Flashing Beacon	\$20,000
San Bruno Park	Improve Bike/Pedestrian safety for 3 San Bruno Park Schools (Bell Air, Allen, and John Muir)	\$20,000
SMUHSD_Hillsdale High School	Bike repair workshop with bike mechanic	\$3,000
SUHSD_Menlo-Atherton High School	Bike Shed Program	\$5,000
SJHSD_W oodside High School	Woodside High School Bike Shed Program to Promote Bike Safety and Learn Maintenance Skill	\$5,000
South San Francisco Unified School District_Spruce Elementary School	Purchase/install bike racks	\$3,500

## Parent/Caregiver Survey



## Parent/Caregiver Survey



Lack of sidewalks

No crossing guards

Unsafe intersections

Lack of sidewalks

Too much traffic along route

Speeding traffic

Unsafe intersections

Too far from school

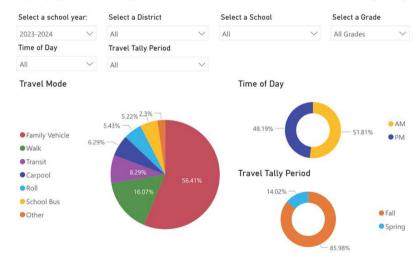
Speeding traffic along route

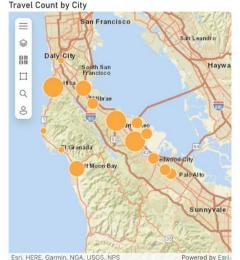
# Travel Tally Dashboard



CENTER for LEARNING ANALYTICS	San Mateo County Safe Routes to School  Travel Tally Data Summary		
Summary Data	Multi-Year Trends	Parent-Caregiver Survey	

San Mateo County Safe Routes to School collects travel tallies on annually each school year. Schools submit travel tally data in the during the Fall. The travel tallies are collected on Tuesday, Wednesday, or Thursday for one week. Tallies can be used to count the number of children traveling to and from school using different modes of travel, such as walking, bicycling, bus, private vehicle, etc. Travel behavior enables a program to measure changes after SRTS activities and better understand a school environment through travel patterns.







Scan the QR code to access the dashboard

## School Travel Fellowship

Five city-school teams participate each year, started in fall 2021.

#### Program provides...

- Support for team planning using systems change strategies
- Workshops on topics related to effective planning and active student travel
- Technical assistance from Alta Planning + Design

#### Teams engage in...

- Walk audits (power)
- Community engagement events (power)
- Demonstration project materials and implementation (land use)
- Quick build project materials and implementation (land use)
- School Streets demonstration project (land use)
- Walk and Roll to School Day support (culture)
- Bike/Ped education for identified schools (culture)

#### 2023-2024 School Travel Fellowship Teams

East Palo Alto



Menlo Park



San Mateo



Redwood City



South San Francisco

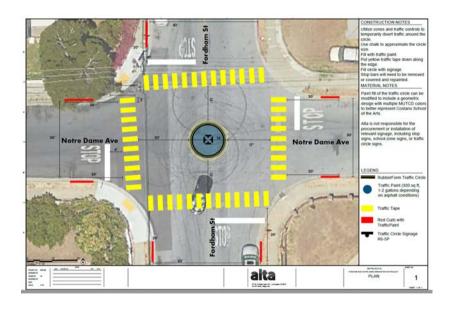


#### South San Francisco





### East Palo Alto





Temporary Traffic Circle

### East Palo Alto





Walkway at Costaño

### Menlo Park

Initial Project Proposal Installation of Crossing on Valparaiso



#### Menlo Park - Lessons Learned

- Preliminary work with all stakeholders involved is essential (e.g., not just commitment to participate in the Fellowship, but full understanding of project proposal and scope of work by everyone)
- Continued involvement with stakeholders throughout and at critical junctures
   (e.g., no bus representation at walk audit because they were driving! but key
   challenges unable to be addressed)
- Parameters established early (e.g., engineer stamped plans required for all demonstration projects)

### San Mateo



High Visibility Crosswalks



**Curb Extensions** 

## **Redwood City**







**SPOKES Program** 

## Walk Audits



Alta Planning + Design	Mark Fenton	
Clifford Bementary (Redwood City)	Buri Buri/Alta Loma (South San Francisco)	
Ocean Shore Bementary (Pacifica)	Las Lomitas Bementary (Atherton/County/MP)	
Roy Cloud Bementary (Redwood City)	George Washington Bementary (Daly City)	
	Woodside High School (Redwood City/County/Caltrans)	

# Wak Audit Facilitator Training

#### **Walk Audit Facilitator Training**

**Led By National Walkability Expert Mark Fenton** 







An immersive experience building skills for equity and traffic safety



Informational Webinar 10:00am - 11:30 am

Introductory informational webinar for walk audit facilitato candidates



Facilitator Training Webinar 10:00 am - 12:00 pr

- Fundamental principles of Walk Audits
  - Facilitating opening conversation/presentation
- . Leading the walk
- Escilitation 3D planning ever
- Utilizing Our Voice as a community data collection tool



n-Person Lunch with Mark and Scouting

- Discussion: Approaches to encourage creativity, build
- bridges among participants and the ideas they are offering
- Joint scouting to demonstrate best practices



#### Attend a Walk Audit!

- March 26 7:45 am 10:00 am, Las Lomitas Elementary
- March 26 2:30 pm 4:00 pm, TBD
- March 27 7:45 am 10:00 am, George Washington Elementary
   251 Whittier Street, Daly City
- March 28 7:45 am 10:00 am, Woodside High School
   199 Churchill Ave, Redwood City



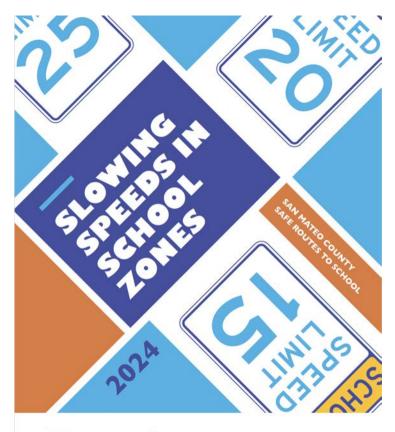
REGISTER Here for the walk audit facilitator training https://tinyurl.com/WalkAuditFacilitator



# Slow Speed School Zones















# Our Voice: Citizen Science for Health Equity

#### Discover



Discover aspects of your community that impact healthy living

#### **Discuss**



Discuss your findings with other citizen scientists

#### Activate



Activate for local improvements

### Change



Change your community for the better

Buman et al. Translat Behav Med, 2012; AJPM, 2013; Winter et al., Translat Behav Med, 2014; King et al., TJACSM, 2016; Goldman et al., J Urban Health, 2016; Sheats et al., J Urban Health, 2017; King et al., 2019

## Citizen Science Leadership Academy





5-6 sessions		
Citizen Science	Transportation	Stakeholder Mtg Prep
Community Health	Data Walk	Action Steps

# **Events Around the County**



Golden Sneaker Contest



Kent Award Winner



Crossing Guard Appreciation Week



Bike Month



Every Kid Deserves a Bike



**RBWTSD** 

## **Farmworker**





# Thank You, Partners! ;Gracias, Socios! 謝謝各位夥伴!





















































## The Future of SRTS in SMC

#### Expanding Community Engagement: Strengthening partnerships with schools, municipalities, and local organizations to broaden the impact of Safe Routes to School Initiatives

- Enhancing Educational Opportunities:

  Developing new curriculum components
  and interactive learning experiences to
  further engage students, families, and senior
  communities in active transportation education.
- Advancing Policy and Infrastructure Advocacy:
   Collaborating with local agencies to advocate for infrastructure improvements, traffic safety policies, and sustainable transportation solutions that benefit all road users.



# Thank You, C/CAG!





